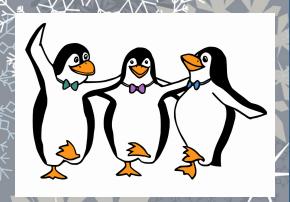


FREEBURG

This institution is an equal opportunity provider and employer



Wednesday, January 3

Breakfast Breakfast Bagel

Lunch
-Cheese Quesadilla
-Mini Corn Dogs
-Deli Sandwich
Candied Sweet Potatoes
Chilled Pears
Cold Milk

(No Salads Today)

Thursday, January 4

Breakfast
Strawberry Pop Tarts
Lunch
-Popcorn Chicken,
Pretzel Bites & Cheddar
Cheese Sauce
-Hamburger on Bun
-Deli Sandwich
Green Beans
Sweet Craisins
Cold Milk
(No Salads Today)

Friday, January 5

BreakfastBlueberry Muffins

Lunch
-Soft Beef Tacos
-Fish Sticks
and Cornbread Muffin
-Deli Sandwich
Fiesta Beans
Fresh Apple
Cold Milk
(No Salads Today)

WE OFFER GENERAL MILLS
CEREAL AND CEREAL BARS
AS ADDITIONAL
BREAKFAST ENTRÉE
CHOICES.
BREAKFAST INCLUDES MILK,
FRUIT AND JUICE CHOICE.

Monday, January 8

Breakfast Breakfast Pizza

Lunch
-Sausage Pizza
-Corn Dog
-Popcorn Chicken Salad
& Bosco Stick
-Deli Sandwich
Seasoned Carrots
Mixed Fruit
Cold Milk

Tuesday, January 9

Breakfast
Bacon, Egg & Cheese Biscuit
Lunch
-French Toast Sticks &
Sausage
-Toasted Cheese Sandwich
-Caesar Salad & Bosco Stick

Green Beans
Chilled Applesauce
Gogurt Yogurt
Cold Milk

-Deli Sandwich

Wednesday, January 10

Breakfast Cinnamon Roll

Lunch
-Chicken Nuggets & Macaroni
-BBQ Ribette Sandwich
-Chef Salad & Bosco Stick
-Deli Sandwich
Steamed Broccoli
Frozen Juice Cup
Cold Milk

Thursday, January II

BreakfastBanana Muffins

Lunch -Cheeseburger -Turkey & Cheese Wrap -Caesar Salad & Bosco Stick -Deli Sandwich Tator Tots

Chilled Peaches

Cold Milk

Friday, January 12

Breakfast
Cheesy Scrambled Eggs
& Biscuit

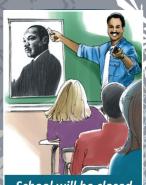
No Lunch Early Dismissal



A fast start is so important. And what better way

starting each NEW DAY with a healthy, complete breakfast? You'll have more energy, be more alert, and feel full through the morning!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!



School will be closed Monday, January 15 in recognition of Martin Luther King, Jr.'s birthday.

Tuesday, January 16

BreakfastPancake Sausage Sandwich

Lunch
-Cheese Pizza
-Mini Corn Dogs
-Caesar Salad & Bosco Stick
-Deli Sandwich
Sweet Corn
Chilled Pears
Cold Milk

Wednesday, January 17

Breakfast
Mini Waffles & Syrup

Lunch -Toasted Ravioli & Bosco Stick -Hot Ham & Cheese Sandwich -Chef Salad & Bosco Stick -Deli Sandwich Green Beans Chilled Applesauce Cold Milk

Thursday, January 18

BreakfastBlueberry Muffins

Lunch
-Bacon Cheeseburger
-Hot & Spicy Chicken
Sandwich
-Caesar Salad & Bosco Stick
-Deli Sandwich
French Fries

Friday, January 19

BreakfastPancake & Sausage Stick

Lunch
-Chili and Crackers
-Cheesy Fish Sandwich
-Chef Salad & Bosco Stick
-Deli Sandwich
Seasoned Carrots
Fresh Apple
Tiger Bites
Cold Milk

Monday, January 22

Breakfast Breakfast Bagel

Lunch
-Pepperoni Pizza
-Hot Dog on Bun
-Popcorn Chicken Salad
& Bosco Stick
-Deli Sandwich
Steamed Broccoli
Mixed Fruit
Cold Milk

Tuesday, January 23

Breakfast Sausage Biscuit

Lunch
-Chicken Strips
& Mini Waffles
-Turkey & Cheese Wrap
-Caesar Salad & Bosco Stick
-Deli Sandwich
Emoji Potatoes
Chilled Applesauce
Cold Milk

Wednesday, January 24

Breakfast

Parfait &
Nutri-grain Bar
Lunch
-Baked Potato with Cheese,
Butter and Bosco Stick
-Hamburger
-Chef Salad & Bosco Stick
-Deli Sandwich
Green Beans
Chilled Pears

Thursday, January 25

Chilled Peaches

Cold Milk

Breakfast Breakfast Pizza

Lunch
-Orange Chicken & Fried Rice
-Sub Sandwich
-Caesar Salad & Bosco Stick
-Deli Sandwich
Seasoned Carrots
Chilled Pineapple

Fortune Cookie

Cold Milk

Friday, January 26

Breakfast
Strawberry Cream
Cheese Bagel
Lunch
-Straw Hat
-Fish Sticks &
Cornbread Muffin
-Chef Salad & Bosco Stick
-Deli Sandwich
Ranchero Beans
Orange Smiles

Cold Milk



Monday, January 29

Breakfast Chicken Biscuit

Lunch
-Chicken Quesadilla
-Mini Corn Dogs
-Popcorn Chicken Salad &
Bosco Stick
-Deli Sandwich
Candied Sweet Potatoes
Chilled Peaches
Cold Milk

Tuesday, January 30

BreakfastStrawberry Pop Tarts

Lunch
-Sausage, Egg & Cheese
Croissant
-Breaded Chicken Sandwich
-Caesar Salad & Bosco Stick
-Deli Sandwich
Green Beans
Chilled Applesauce

Cold Milk

Wednesday, January 31

Cold Milk

BreakfastPancake & Sausage Stick

Lunch
-Popcorn Chicken,
Pretzel Bites & Queso
-Hamburger on Bun
-Chef Salad & Bosco Stick
-Deli Sandwich
Baked Beans
Mixed Fruit
Cold Milk

